

SUNDAY, JULY 30, 2023

TONE 7

8<sup>th</sup> Sunday after Pentecost / Apostles Silas and Silvanus of the Seventy, and those with them

**“Lord I Call...” Tone 7**

Lord, I call upon You, hear me!  
Hear me, O Lord!  
Lord, I call upon You, hear me!  
Receive the voice of my prayer,  
when I call upon You!//  
Hear me, O Lord!

Let my prayer arise  
in Your sight as incense,  
and let the lifting up of my hands  
be an evening sacrifice!//  
Hear me, O Lord!

**After “Lord I Call...” the Reader reads the rest of Ps. 140 & Ps. 141 on pgs 31 in the pew book, then:  
STICHERA**

*v. (10) Bring my soul out of prison, that I may give thanks to Your Name! Tone 7*

Come, let us rejoice in the Lord,  
Who destroyed the dominion of death!  
Let us sing to Him with the bodiless hosts,  
for He enlightened the race of man!//  
O our Maker and Savior, glory to You!

*v. (9) The righteous will surround me; for You will deal bountifully with me.*

You endured the Cross and burial for our sake.  
By Your death, You destroyed death as God.  
We fall down before Your Resurrection on the third day,//  
O Savior, glory to You!

*v. (8) Out of the depths I cry to You, O Lord. Lord, hear my voice!*

When the Apostles beheld the Resurrection of the Maker,  
they were amazed and sang the angelic praise.  
This is the glory of the Church.  
This is the richness of the Kingdom.//  
O Lord, crucified for our sake, glory to You!

*v. (7) Let Your ears be attentive to the voice of my supplications!*

You were held by lawless men, O Christ,  
but to me, You are God, and I am not ashamed.  
You were smitten on the cheek, but I do not deny You.  
You were nailed to the Cross and I do not conceal it,  
for I glory in Your Resurrection: Your death is my life.//  
O Almighty Lord and Lover of man, glory to You!

*v. (6) If You, O Lord, should mark iniquities, Lord, who could stand? But there is forgiveness with You.*

Fulfilling the prophecy of David,  
Christ manifested His greatness in Sion to the disciples.  
He is praised and always glorified,  
together with the Father and the Holy Spirit.  
At first as the Word, He was bodiless,  
but then He took flesh and was slain for our sake.//  
He rose in power as the Lover of man!

*v. (5) For Your Name's sake I wait for You, O Lord. My soul has waited for Your word; my soul has hoped on the Lord.*

You descended into hell as You willed, O Christ,  
overthrowing death as God, and rising on the third day as Master!  
With Yourselves You raised Adam from the bonds of hell and from corruption!//  
Glory to Your Resurrection, O only Lover of man!

*v. (4) From the morning watch until night, from the morning watch, let Israel hope on the Lord!*

You were placed in the tomb, O Lord, as one asleep.  
On the third day You rose in power,  
raising Adam with Yourself from the corruption of death//  
as the Almighty One!

*v. (3) For with the Lord there is mercy and with Him is plenteous redemption, and He will deliver Israel from all his iniquities. **Tone 4** (for the Apostles) (Thou hast given a sign)*

Enlightened by the lightning flashes of the Spirit,  
you went about the whole world illumining the faithful.  
O all-wise ones, as Apostles of the Word,  
you diminished the darkness of the depths of ignorance.  
Therefore we rejoice today as we celebrate your light bearing festival//  
that brings us sanctification.

*v. (2) Praise the Lord, all nations! Praise Him, all peoples!*

You sprinkled heavenly rain to the ends of the earth  
as blest clouds refreshing the souls of the faithful with divine grace.  
You choked the alien tares of ungodliness,  
bringing to maturity the fruitful souls of men.//  
Therefore, O Apostles, we honor you in praises!

*v. (1) For His mercy is confirmed on us, and the truth of the Lord endures forever.*

Let us come together and honor in faith the most excellent Silas,  
with Andronicus, Epenétus and Crescens,  
and in love let us honor Silvanus with them!  
They are heralds of the faith who pour out rivers of healing//  
removing attacks of all the passions by the divine Spirit.

*Glory to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Amen.*

**Tone 7** No tongue can speak of your wonderful childbearing,  
for the order of nature was overruled by God.

You were revealed to be a Mother above nature,  
for you remained a Virgin beyond reason and understanding.

Your conception was most glorious, O Theotokos!

The manner of your giving birth was ineffable, O Virgin!

Knowing you to be the Mother of God,

devoutly we pray to you://

“Beseech Him to save our souls!”

### **APOSTICHA**

**Tone 7** As the Savior of the world You arose from the tomb.

As God You resurrected the race of man with Your flesh.//

O Lord, glory to You!

*v. The Lord is King; He is robed in majesty!*

Come, let us worship the One Who rose from the dead,  
and enlightened all creation!

By His death, He saved us from the torments of hell.//

By His Resurrection He has granted us eternal life and great mercy.

*v. For He has established the world, so that it shall never be moved.*

You descended into hell, capturing death, O Christ.

In three days You arose again,

resurrecting us who glorify Your Resurrection,//

O Lord and Lover of man.

*v. Holiness befits Your house, O Lord, forevermore!*

When You were placed in the tomb as one asleep,

the sight was great and awesome.

But when You rose on the third day as almighty God,

You resurrected Adam with Yourself.//

Glory to Your Resurrection, only Lover of man!

*Glory to the Father, and to the Son, and to the Holy Spirit; now and ever, and unto ages of ages. Amen.*

**Tone 7** All the earth-born run to your protection, O Lady!

You are our hope, O Theotokos!

Deliver us from our countless sins//

and pray that our souls may be saved.

## TROPARIA

**Tone 7** By Your Cross You destroyed death.  
To the thief You opened Paradise.  
For the Myrrhbearers You changed weeping into joy.  
And You commanded Your disciples, O Christ God,  
to proclaim that You are risen,//  
granting the world great mercy.

*Glory to the Father, and to the Son, and to the Holy Spirit, **Tone 3 Troparion (Apostles)***  
Holy Apostles Silas and Silvanus,  
entreat the merciful God//  
to grant our souls forgiveness of transgressions!

*now and ever, and unto ages of ages. Amen. **Tone 3 Resurrectional Dismissal Theotokion***  
We praise you as the mediatrix of our salvation,  
O Virgin Theotokos.  
For your Son, our God, Who took flesh from you,  
accepted the Passion on the Cross,//  
delivering us from corruption as the Lover of Man.