



<u>SUNDAY, JULY 6, 2014</u> 4TH SUNDAY AFTER PENTECOST - Tone 3. Ven. Sisoës the Great (429). Ven. Sisoës, Schema-monk, of the Kiev Caves (Far Caves—13th c.). Uncovering of the Relics of Holy Princess Juliana Ol'shánskaya (16th c.). Martyrs Marinus and Martha, and their children, Audifax and Abbachum (Habákkuk) and those with them at Rome: Cyrinus, Valentine, and Asterius the Presbyter (269). Martyrs Isaurius the Deacon, Innocent, Felix, Hermias, Basil, Peregrinus, Rufus, and Rufinus of Apollonia in Macedonia (3rd c.). Martyr Quintus of Phrygia (ca. 283). Virgin Martyr Lucy, Martyr Rixius, and those with them at Rome: Martyrs Anthony, Lucian, Isidore, Dion, Diodorus, Cutonius, Arnosus, Capicus, Saturus (Satyrus), and others (301). Synaxis of the Saints of Rádonezh.

TROPARIA

(Tone 3) Let the heavens rejoice! Let the earth be glad! For the Lord has shown strength with His arm. He has trampled down Death by death. He has become the first-born of the dead. He has delivered us from the depths of Hell, and has granted to the world great mercy. (Tone 4) In truth you were revealed to your flock as a rule of faith, a model of meekness, and teacher of abstinence, so you won the heights by humility, and riches by poverty, O Holy Father Nicholas, intercede with Christ God to save our souls.

KONTAKION

(Tone 6) Protection of Christians never failing, Mediatress before the Creator, ever constant. Do not despise the voice of prayer of sinners, but in your goodness come to help us who faithfully call upon you. Hasten to entreat, hurry to pray, O Theotokos, interceding always for those honor you.

The Prokeimenon in the Third Tone: Sing praises to our God, sing praises; / Sing praises to our King, sing praises!

v. Clap your hands, all ye people, shout to God with loud songs of joy.

THE READING FROM THE EPISTLE OF THE HOLY APOSTLE PAUL TO THE

ROMANS (6:18-23) *Brethren:* having been set free from sin, you have become slaves of righteousness. I am speaking in human terms, because of your natural limitations. For just as you once yielded your members to impurity and to greater and greater iniquity, so now yield your members to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. But then what return did you get from the things of which you are now ashamed? The end of those things is death. But now that you have been set free from sin and have become slaves of God, the return you get is sanctification and its end, eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

Alleluia, Tone 3

v. In Thee, O Lord, have I placed my hope; let me not be put to shame.

v. Be Thou a God of protection for me, a house of refuge in order to save me.

THE HOLY GOSPEL ACCORDING TO SAINT MATTHEW (8:5-13) At that time as Jesus entered Capernaum, a centurion came forward to him, beseeching him and saying, "Lord, my servant is lying paralyzed at home, in terrible distress." And he said to him, "I will come and heal him." But the centurion answered him, "Lord, I am not worthy to have you come under my roof; but only say the word, and my servant will be healed. For I am a man under authority, with soldiers under me; and I say to one, 'Go,' and he goes, and to another, 'Come,' and he comes, and to my slave, 'Do this,' and he does it." When Jesus heard him, he marveled, and said to those who followed him, "Truly, I say to you, not even in Israel have I found such faith. I tell you, many will come from east and west and sit at table with Abraham, Isaac, and Jacob in the kingdom of heaven, while the sons of the kingdom will be thrown into the outer darkness; there men will weep and gnash their teeth." And to the centurion Jesus said, "Go; be it done for you as you have believed." And the servant was healed at that very moment.

<u>COMMUNION HYMN</u> Praise the Lord from the heavens, praise Him in the highest! Alleluia, Alleluia!

On July 6 the Church honors Saint Sisoes the Great, known for his holy life and deep humility.

Born in Egypt, Sisoes was an admirer of Saint Anthony. After Anthony died, he went to live on the mountain Anthony had once inhabited, and worked for many years to fill his life with prayer, putting aside his own desires and working against temptations.

Like other great saints he was sought out, even in his relative isolation, by earnest Christians who wanted to benefit from his spiritual wisdom. Because his counsel was so highly valued, they wrote down some of his words, and so we have them today.

Sisces always seems to have stressed two things in speaking with the people who came to him: first, sincere humility, and second, mindfulness, which means doing everything you do thoughtfully and with a clear intention.

One example of his counsel shows how he urged both these important things. A monk came to him, asking his advice about how to pray. Describing his prayer efforts he said, "Father, I always place myself in the presence of God."

Sisoes discerned that the man had a good intention, which was to come closer to God. But his answer was: "It would be much more to your advantage to place yourself below every creature, in order to be sincerely humble."

The saint's personal humility was an object of admiration and even awe. Sisoes rarely spoke, because he regarded silence as one aspect of humility—not placing importance on one's own words and ideas, and being ready to hear what God is saying. Being around him, people

noted, was always a strong reminder of the shallowness and needlessness of much of our casual conversation.

But another aspect of humility is self-criticism, and so this silent man said of himself: "I am now thirty years praying daily that my Lord Jesus may preserve me from saying an idle word, and yet I am always relapsing."

Sisces died in about the year 429, with his monks around him. He had taught them well how to serve the Lord. With death approaching his face shown like the sun, the monks said, as he prepared to enter the Lord's presence.

On this same day we read Romans 6: 18-23, which might be called an explanation of the way Sisoes believed life should be lived. Saint Paul tells the Romans that they are no longer slaves of sin, but now they are slaves of God. This "slavery" is similar to Sisoes' advice to become truly humble by mindfully, intentionally putting oneself below every creature.

When they were slaves of sin, Paul writes, the Romans were "free in regard to righteousness" or in other words did not have to obey God. But what did this freedom give them?

He answers his own question by saying that the end of that freedom is death. But by being mindfully humble and making oneself a slave of God, "the return you get is sanctification and its end, eternal life."

July 6, 2014

CANDLE INTENTIONS FOR THE HEALTH & BLESSINGS OF

Special Intention	Joe Tome
Health & God's Blessings Macy Lemmen	Gigi & Dedo
Oleg, Adelaida, Feodosiy, Irina	Irina Sivergina
His Grace Nikon, Fr. Ilya, Fr. Lawrence, Fr. Joe, Deacon Anthony, Bosa, Reggie,	-
Evanka, Aretoula, Dorothy & Joe, Walt & Zina, Harold, Mira, John & Gloria, Peter	
& Olga, Elaine, Jeanette, Ted & Marlene, Fr. David, Gladys, My family & friends	Joe Tome
Happy Birthday & God's Blessings Kara George & Peter Sredich	Stojan & Mira Prusac

CANDLE INTENTIONS FOR ALL THOSE IN BLESSED REPOSE

Rosemary Vuckovich- 40 day, Memory Eternal	Bosa Kantar
Rosemary Vuckovich, Daisy Marvosh-Vechnaya Pamyat, Ann Jehnsen	Stojan & Mira Prusac
Daisy Marvosh-Memory Eternal	Sredich Family
Daisy Marvosh, Rosemary Vuckovich, Ann Jehnsen	Joe & Dorothy Goodman
Rosemary Vuckovich-Vechnaya Pamyat	Sredich Family
ETERNAL LIGHT	
Rosemary-Memory Eternal, We Miss You	John & Gloria

We welcome all of our friends and visitors to St. Nicholas. Please join us for coffee and donuts in the parish hall.

<u>PROSPHORA BAKERS</u> we are in need of Prosphora. If you are able, please make 4 loaves at a time. Your help is greatly appreciated. Also check the refrigerator in the small kitchen for jars of yeast for use when you bake the Prosphora, there are also bags on the table in the hall for you to reuse.

<u>WAYS and MEANS</u> we are looking for any interested parishioner that would be willing to co-chair the ways and means ministry with Gabe Paul. Contact the parish office if you are interested.

HOPE IN A BOX for the month of July is Toilet Paper. Please place the items in the blue Hope in a Box container located in the parish hall. The toilet paper will be distributed by Catholic Charities Community Closet.

FOOD DRIVE Our next pick up is Monday, July 21. A list of food items is located next to the Hope in a Box.

ONLINE GIVING we have the opportunity to add a DONATE tab to our web site. This tab could be used in many ways. For example; 1) Offerings; winter and summer months when attendance is down or not feeling well. You can click on the DONATE tab and send your pledge. 2) Memorial Fund, live out of town? Someone has passed away and you would like to make a donation to the church, how easy would it be to just click on the Donate tab. 3) Special Offerings, just because. 4) Fundraisers, we may have a fundraiser coming up in the future, again how easy it would be just to click on the DONATE tab and send in your donation. At this time we would like to know from our friends and faithful, who would use the DONATE tab if given the opportunity. Please contact the parish office if you would be interested in using this feature.

Schedule of services and events for the Week of July 6:

Wednesday, July 9

9:00 am	Divine Liturgy
10:30 am	Adult Ed

Saturday, July 12 4:30 pm

Vespers followed by Confessions

Sunday, July 13 9:30 am Third Hour 10:00 am Divine Liturgy

Sunday Offerings for June 22, 2014

Weekly Offering Envelope	\$ 1,615.00
Children's Offering	\$ 0.00
Cemetery Maintenance	\$ 5.00
Charity Envelope	\$ 45.00
Love Inc	\$ 0.00
Diocesan Support	\$ 10.00
OCA Envelope-Missions	\$ 0.00
Candle Fund	\$ 80.00
Coffee Hour	\$ 45.00
Seminarian Fund	\$ 10.00
Loose Offering	\$ 58.00
Kiosk	\$ 62.00
Total Sunday Income June 22, 2014	\$ 1,930.00
Estimated Average Weekly Expenses	\$ 3,629.13

Actual Income	\$115,365.30
Actual Expense	\$101,885.89
+/- to date	\$13,479.41